Michigan Avenue Athletic Club

**Where everyone is a winner**

**Welcome to the wonderful world of the Michigan Avenue Athletic Club. We’re a full-service health and fitness club dedicated to providing a friendly and supportive atmosphere for people of all ages and abilities. We offer a vast array of equipment and classes including aerobics, spinning, yoga, kickboxing, and strength training. We have racquetball and tennis, an indoor pool, spa services, a pro shop, and a café.**

**Use the links below to learn more about membership, special events, and access to our weekly spotlight on physical fitness.**

**⮚Membership Rates**

**⮚About the staff**

**⮚Calendar of events**

[**⮚Weekly spotlight**](file:///E:\My%20Documents\My%20Pictures)